



# THRIVE CHURCH

GROWTH GROUP STUDY GUIDE | STAND ALONE

TITLE: THE MEAL JESUS GAVE US

SCRIPTURE: 1 CORINTHIANS 11:17-34

## One Thing Follow-up

**Christmas is God's love extended to and through us.**

Q. Explain the through us portion of the statement above?

## Opening

As Christians, Scripture is our guide. This means all Scripture, not just the warm and fuzzy parts. Scripture can be hard, convicting. Everything we need to know about God and everything God has to say to Christians can be found on the pages of Scripture.

## Series Review

This sermon is about The Meal Jesus Gave Us, Communion. This lesson will give us the opportunity to consider the Eucharist and the meaning of the meal. We should also have a better understanding of Communion as one of the most important parts of our worship service to God.

## Review the Message

**In the mid 50's AD, Paul is writing to a church in Corinth. Communion is already an established practice, and there are already problems.**

**Read 1 Corinthians 11:23-25**

**All of the things that separate us from one another needs to be addressed.**

Q. Do you just put on your "Sunday" face when you go to worship?

Q. How do you feel about Communion, community or individual worship?

**A new and different sort of meal. A meal of unity, presence, and destination, because we are a new and different sort of family.**

Q. Explain how your worship celebrates this new family, if it does?

**Read Revelation 7:9**

Q. Explain how this verse has changed your view of heaven?

**We gather around the meal and celebrate the person and all time is tied together in Communion.**

Q. Share how Communion ties time together. Read 1 Corinthians 11:26

**This isn't a common meal. Communion is the pinnacle of worship.**

Q. How can you or do you treat Communion different than other parts of worship?

**Jesus instituted Communion during the Passover meal, the very same night that he was betrayed.**

Q. Why is Passover so important? (see Ex 12)

**It's a story of God rescuing people and delivering them to his Promised Land. It is a meal of freedom.**

**Jesus stated, "Do this in remembrance of me."**

Q. What makes this statement so revolutionary?

**Passover was a rescue story about the problems "out there." Jesus was also saying that we also need saved from the penalty of sin as well.**

Q. Share an example of how life has isolated or enslaved you.

**Communion draws us out of isolation and slavery and into a larger story of freedom and family.**

Q. Share how this has been true for you.

**Ancient gods required food offerings, but Jesus reverses this order and feeds us.**

Q. Share other ways Jesus reverses common practices to benefit us.

**Each time we participate in Communion, God's future rushes into our presence. We get a glimpse of the heavenly banquet where people of all backgrounds eat together at God's table.**

**Read Luke 24:30-32**

Q. Do you enter Communion expecting to see Jesus? How?



**Living It Out  
Application**

**We should always approach Communion as a family with the understanding that Jesus himself is with us.**

Q. What is God saying to you through this lesson?

Q. What will you do about it this coming week?

Q. How can we help you?

**Prayer:**

Q. Are there any specific things we need to pray about or needs to focus on?