



## THRIVE CHURCH

GROWTH GROUP STUDY GUIDE | SERIES: REDISCOVERING CHRISTMAS  
TITLE: FINDING JOY IN OUR DISCOURAGEMENTS  
SCRIPTURE: LUKE 1:39-56

### One Thing Follow-up

**We live in the “already and the not yet” Jesus didn’t come to help your, or my agenda. He came to take over.**

Q. Share, if you can, what do you need to turn over to Jesus to increase your peace.

### Opening

As Christians, Scripture is our guide. This means all Scripture, not just the warm and fuzzy parts. Scripture can be hard, convicting. Everything we need to know about God and everything God has to say to Christians can be found on the pages of Scripture.

### Series Review

Advent is a time to prepare our hearts and help us place our focus on a far greater story than our own—the story of God’s redeeming love for our world. We will be stepping in and out of various Christmas scenes from Scripture. We will attempt to rediscover Christmas and the Advent themes of hope, peace, joy, and love.

### Review the Message

**If there has ever been a year where we need joy, it’s 2020.**

Q. On a scale of 1-10, where would you rate your level of joy today?

**Read Luke 1:39-45**


Q. Have you experienced confirmation through prayer? How?

Q. What events do we see in these verses to point to this being a divine event?

**Read Luke 1:46-49**

**Rather than rehearse the problems of the world, she dives into what God has done for her.**

Q. How do you caught up in the problems of the world?



Q. Have you learned to count your blessings and to thank God for them?

**Read Luke 1:50-53**

Q. Do you have joy because you fear God?

Q. How do you have joy in the middle of all this mess?

Q. How does or should the church help with the transformation that Jesus started?

**Read Luke 1:54-55**

Q. Share how God's mercy has affected your life.

Q. How can you share joy with others this Christmas?

**These 3 truths were shared in the sermon this week.**

- 1) **It's ok to have joy.**
- 2) **Make joy a choice.**
- 3) **Joy will give you strength for the journey**

**Living It Out  
Application**

Q. What is God saying to you through this lesson?

Q. What will you do about it this coming week?

Q. How can we help you?

**Prayer:**

Q. Are there any specific things we need to pray about or needs to focus on?