



THRIVE CHURCH

GROWTH GROUP STUDY GUIDE | SERIES: REBUILD, REVIVE, RESTORE

TITLE: GETTING FREE

SCRIPTURE: NEHEMIAH 5:1-13

One Thing Follow-up:

Last week we discussed the ways the body Christ (the church) work together. How do you see the church working toward a common purpose?

Opening

As Christians, Scripture is our guide. This means all Scripture, not just the warm and fuzzy parts. Scripture can be hard, convicting. Everything we need to know about God and everything God has to say to Christians can be found on the pages of Scripture. Christians need to be people of Scripture now, maybe more than ever. Our Bibles provide direction and encouragement as we help rebuild, revive, and restore.

Series Review

We are continuing the series “Rebuild, Revive, Restore” in the book of Nehemiah. The book was written in an incredibly difficult time. It was a time of difficulty and searching. In this difficulty we are given an incredible picture of trust, faith, and boldly following God. This lesson will focus on the church.

Review the Message

Too often we assume so much of people while assuming so little of God.

Q. Can you share how this looks in your life?

We often focus on the danger on the outside when it may really be on the inside living among us.

Q, When have you experienced this? Home? Family? Church?

Read Nehemiah 5:1-5

Q. Do you, or have you, felt enslaved?

Q. What has been the price paid for this slavery?

You need someone bigger than you to set you free.

Q. How long did you try to free yourself before turning to God?

Q. How can you get God involved in your battle?

Read Nehemiah 5:6-8

Q. How does it feel being a slave to something?

Q. How can getting mad at your slavery help you?

Get angry at what enslaves you. We can't get free from something that has become your friend.

Q. What do you feel you have the "right" to hold on to right now? (i.e. anger, fear, hurt, shame, guilt)

Q. Have you come to realize that these are the very things that may be enslaving you?

Getting free means confronting what enslaves you?

Q. How can sharing what enslaves you help you?

Read Nehemiah 5:12-13

Q. If you need it, who do you need to seek out to begin getting help?

Q. Who will stand by your side with weapon in hand and help you rebuild?

**Living It Out
Application**

We need someone bigger, we need to get angry, we need to confront what is holding you as a slave and say "NO MORE", because Jesus is the slave defeater.

Q. What is God saying to you through this lesson?

Q. What will you do about it this coming week?

Q. How can we help you?

Prayer:

Q. Are there any specific things we need to pray about or needs to focus on?