



# THRIVE CHURCH

GROWTH GROUP STUDY GUIDE | SERIES: SILVER LININGS

TITLE: GRATITUDE

SCRIPTURE: PHILIPPIANS 4.8-13

## One Thing Follow-up:

God calls us to slow down and be reflective instead of being reactive. As we remember the times that we did not have resolve, we were encouraged to look to Jesus the one who is *STILL* waiting for us!

Q. Did you have the opportunity to be reflective rather than reactive this week? Did it help?

## Opening

The meaning behind the saying “Every cloud has a silver lining.” Is that in every difficult situation or setback contains potential for a good outcome. By searching for positives in difficult or confusing circumstances, we not only begin to experience more peace, we gain the ability to solve any parts of the problem within our control and accept the parts beyond our control

## Series Review

We conclude the Silver Linings series this week that will challenge us to find the silver linings during difficult situations or setbacks. This week the message is about gratitude and how we should be people filled with gratitude.

## Review the Message

Gratitude provides the foundation of our lives as Christians.

Q. How do you feel when you are with someone who is genuinely grateful?

**Gratitude is the exclamation point at the end of your salvation story!**

Q. Why should this be true in our lives?

The book of Philippians was written by Paul while he is imprisoned for following Christ. In the middle of an incredibly hard scenario, we see the beauty of a life filled with a gratitude.

**Read Philippians 4.8**

Q. How can you use the “whatever” statements to change your perspective?



Q. In what ways is a change of perspective beneficial in our day-to-day lives?

**Read Philippians 4.9**

Q. What is the connection between our thoughts and our actions?

Q. Who is watching you and would you want them to imitate you?

**Philippians 4.10-13**

Q. When has gratitude changed your focus and perspective?

Q. What does contentment look like in your life?

***Gratitude turns what we have into just enough.***

**Living It Out  
Application**

Our lives should be saturated with gratitude! It is the exclamation point to our salvation story!

Q. What is God saying to you through this lesson?

Q. What will you do about it?

Q. How can we help you?

**Prayer:**

Are there any specific things we need to pray about or needs to focus on?